

# Middlesex County, CT Community Care Team

Facts at a Glance - May 2015

**About CCT:** The Middlesex County Community Care Team (CCT) is comprised of 13 community agencies that specialize in the delivery of care for patients experiencing substance abuse and mental health disorders.

- Middlesex Hospital
- River Valley Services
- Connecticut Valley Hospital (Merritt Hall)
- St. Vincent de Paul Soup Kitchen
- Community Health Center
- Gilead Community Services, Inc.
- Advanced Behavioral Health
- Rushford Center, Inc.
- The Connection, Inc.
- Mercy Housing
- Columbus House
- Value Options, Connecticut
- Community Health Network

**CCT Objective:** To provide patient-centered care and to improve health outcomes by developing and implementing a safety-net of alternative services through multi-agency intervention and care planning.

**CCT Target Population:** High-risk patients experiencing acute and chronic mental health issues and/or substance abuse and have high emergency department utilization. Common experiences include:

- disjointed care/lack of care coordination
- lack of a social support network
- homelessness/housing issues
- poor primary care connections
- other social determinants of health

**CCT Process:** Development of individualized care plans of wrap-around services that best meet the needs of the specific patient.

**Patient Demographics:** For a cohort of 195 patients:

**Age Distribution:**

- |                |                |
|----------------|----------------|
| ▪ 20 – 29: 11% | ▪ 50 – 59: 34% |
| ▪ 30 – 39: 16% | ▪ 60 – 69: 12% |
| ▪ 40 – 49: 25% | ▪ 70 – 79: 2%  |

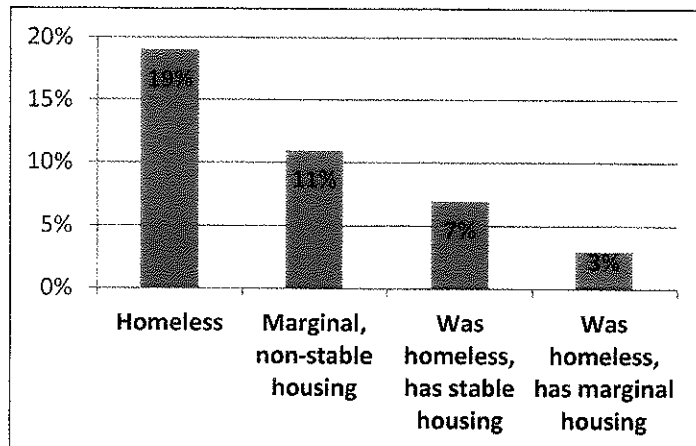
**Payor Status:**

- Medicaid: 54%
- Medicare : 40%
- Commercial: 4%
- Self-pay no insurance: 2%

**Gender:**

- Female: 37%
- Male: 63%

**Housing:** 40% of the CCT case load experiences homelessness/fragile housing



**Outcomes:**

- 1,142 reduction in emergency department and inpatient visits (pre-/post-); cost reduction
- Improved quality of life (sobriety; mental health stabilization; reduced homelessness; re-entry to workforce)
- Linkages to: primary care physicians, psychiatrists, specialists; supportive housing; appropriate outpatient services

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